

UNITED STATES GYMNASTICS FEDERATION'S

# GYMNASTICS NEWS

SEPTEMBER—OCTOBER 1977

VOL. VI—NO. 5



1976-77 Annual Report  
1977 Congress Program

# USGF



# WORLD CHAMPIONSHIP TOUR

The United States Gymnastic Federation is pleased to announce the formation of a tour to the 1978 World Gymnastic Championships, to be held in Strasbourg, France in October of next year. We have arranged for hotel space, tickets to the competitions and round trip air charter from Chicago, Illinois. All this and free time for travel in Europe as well.

## TOUR PLAN:



- October 15. Depart Chicago, Illinois via TWA Charter Boeing 737.
- October 16. Arrive Zurich, Switzerland (early morning) remain overnight.
- October 17-21. On your own, to see Switzerland, Germany or France all of these are just next door to Zurich. We can help you with any arrangements you desire, or be on your own until.....
- October 21. Arrive afternoon or evening in Strasbourg and report to the headquarters hotel. Rooms are reserved there for the entire world championships, including breakfast. Hotel is walking distance to the competitions.
- October 30. The world championships have closed on the 29th, and this morning we board trains or buses and head for Zurich, and on arrival board our charter flight and return to Chicago, we arrive in time for most everyone to make connections to their home city that same day or night.

Complete and mail the following:

Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

I wish to reserve \_\_\_\_\_ seats on the USGF WORLD CHAMPIONSHIP TOUR-1978... in Strasbourg, France during the period of time shown above. I understand that the tour includes the items described herein, and that the period of time from October 17-20 is on my own although I may seek assistance in planning or arranging travel and housing during that time period. Cost of tour, subject to change only as far as air monies passed on to the USGF are concerned is \$600.00. Limited payments will be accepted to hold seats and monthly or periodic payments may be applied to your account. We enclose the amount of \$..... to hold the number of seats requested above. We understand that there is no cancellation fee and that all of our funds are fully refundable up to January 1, 1978, after that date a fee of \$50.00 will be charged. After April 1, 1978 the funds are non-refundable, but as in years past if the USGF holds a waiting list then they will sell your space for you if at all possible.

Sign: \_\_\_\_\_

MAKE CHECKS PAYABLE TO: WORLD CHAMPIONSHIPS TOUR-78. SEND TO PO Box 1270, Tucson, Arizona 85712

# France 1978

## UNITED STATES GYMNASTIC FEDERATION

U.S. Gymnastics Federation, 4545 East 5th Street, Tucson, Arizona 85711

# Report to the Membership - 1977

By Frank L. Bare  
Executive Director, USGF

**T**he 1976-77 season has ended. The USGF's fiscal year comes to a close (the end of August, and the new school year begins. We look forward to the next season with anxious hope that it will be another year of opportunity for our gymnasts and that they might achieve even more than during the past year.

Coming off the 1976 Olympic Games, the USGF sent its men's and women's teams to the People's Republic of China. Once again the USSR sent its team to the USA to tour a number of American cities, and an effort to say farewell to two teams that had become household words even here in the USA, Olga Korbut and Ludmilla Turichina. The USGF domestic season was a long and tough one, administering national events that in each case featured large numbers of national qualifiers, as well as big crowds and in every case, excellent performances. The sport continued its growth, with the number of youngsters becoming involved in our sport increasing, and the number of schools participating in the sport increasing in some areas, decreasing in others. The private club movement seemed to continue its steady growth but the movement remains challenged in numerous problems (as are some of the major equipment companies) that do not appear destined to go away on their own.

The USGF saw its involvement in international events move to a new high, as this report will verify in later pages. This budget, for the first time in our nearly fifteen years of existence, moved to a point beyond the Million Dollar Mark - a figure, we sincerely hoped to achieve in that period of time, but one that truthfully reflects the massive involvement in events, both here and abroad, that now characterizes our program.

President Harry Farbaugh assumed the position as delegate to the United States Olympic Committee Board of Directors, for the U.S.G.F. He replaced Gordon "Slim" Chalmers, now retired and playing lots of golf we hope, who served us so very well for the past four years. Harry will be coming off four years as USGF President, and as he has been Executive Secretary of the Illinois High School Association for many years, he is extremely qualified to fill the important role of Member of the USOC Board, for the U.S.G.F.

During the past year, Marlene Best, our USGF secretary for some four years, was promoted to the position of Administrative Assistant. Our Publications Department continues under the supervision of Mrs. Maas Bartholomew, assisted by Mrs. Becky Cruise. The print shop is operated exclusively, but on a part-time basis, by Mr. Jack Menon, and general typing and correspondence is handled both by individual staff members and the use of Kelly girls as needed. Mr. Frank Casensky reaches the age of 65 in early September and will retire at that time, but will keep in touch with our office one or two days a week to assist with articles for the USGF NEWS and other projects as needed. In the meantime, we have added a new employer to our staff. Some time ago the USGF determined not to add a technical (from a judging standpoint) staff member. Rather it was determined to leave the judging as detached from organizational influence as possible (just as the USOC for the Olympic Games must not select judges for themselves). We have added a youthful and enthusiastic Mr. Max Weinrobe, who for several years has guided the development of the amazing Junior Olympic program for boys. His duties will be far different from those associated with the rating



# REPORT TO THE MEMBERSHIP

Frank Coninsky. He will concentrate more on coaches clinics and seminars and the organization and scheduling of the men's program, with specific concentration on the Jr. Olympics, and in turn, the Jr. National Boys Team.

In the hopes of supplying more promotional materials to the gymnasts in our program, and also making those programs apply to the American public at large, the USGF has embarked upon a new facet of materials production. Gym-bags, sweat suits, training shirts, and sweaters for travel of teams are all in the mill. Posters, T-shirts for events, word-breakers, etc., are all on the list of things to be developed in the near future.

The Board of Directors of the U.S.G.F. has grown to include fourteen national organizations and/or associations. Delegates, or members of the Board, are number twenty-one individuals. Each is selected by their own constituent group to represent their organization on the USGF's Board of Directors. The Board meets annually the first week of October, in Tucson, Arizona. The USGF Executive Committee meets at least once between annual Board meetings, but more often as need be, at the Call of the President.

The current members of the USGF Executive Committee are worthy of mention here. Each is elected to a two-year term of office, and may be re-elected only once, thereby limiting their stay in such an office to not more than four years. They may remain on the Board, however, if they remain as delegates from their constituent organization, but in that case they would remain as member of the Board, not as officers or members of the Board Executive Committee.

President Harry Frohugh completes a four year period as President of the U.S.G.F. His term has been perhaps the busiest and most "involved" of any USGF President. During his term of office, he saw the sport grow in members, size of programs, budget and professional staff. During his term as President, he was also a voting delegate for the National High School Federation. Vice-President for Women, Miss Virginia French of Pacific University, will also leave her office the end of this year, after four years in the position. She was elected at-large, this is to say, Virginia was not a member of the Board of Directors.

Virginia represents one of the truly great actions by the USGF Board. Each year they attempt to select at-large members of the Executive Committee (there are two at-large positions) from the national program without consideration of the national being representative of any constituent association. This brings into the annual Board meeting, and the Executive Committee meeting, many individuals from the sport who have the opportunity to see the USGF under workings first hand, and at-large take part in those workings. Mr. Bill Crossland of Austin, Texas, is Vice-President for Men. Bill came to the Board as a delegate from the U.S. Association of Independent Clubs. He was elected to the Vice-Presidency for Men, and since that time has been selected as USAIGC delegate but remains as Vice-President (at large) until his term expires the end of 1978. Filling other at-large positions are Ms. Mary Ann Mahoney, of Denver, Colorado, in the position of Secretary, Mrs. Betty Meyer of Chicago, Illinois, as one member at large and Mr. Ed Knappner, of Wilmington, Delaware, as member at-large and also delegate from the USAIGC. Elections are held annually in October with the newly elected individuals taking office on January 1st of the following year.

The USGF occupies a 4,000 square foot building on the east East side of Tucson. Its print shop is located in a leased building within some five minutes drive from the office itself. We are purchasing the office building, and own approximately two-thirds of the building's value right now. Each staff member occupies a private office, has his or her own typewriter, and, if need be, adding machines, etc. Mailing and packaging of book orders, posters, etc., takes place in the mail room. The building features a conference room that seats twelve.

## Program

The USGF has made a number of changes this year for application to the national programs next year. Limiting the number of participants in national championships at all levels (Jr. Olympic, Senior, Elite), not to simply limit its members but rather to make qualifications more meaningful at two national qualification events, and the finals also less crowded and more meaningful to those who did make it that far. The Junior National Team concept began for girls, and has begun for boys. The new program holds promise for all parties points, and plans now call for increasing the size of the team from ten to twenty. It is a first-time for such a program and although we are feeling our way along with it, it bodes well for the future and will no doubt, after some refinement in time, become an integral part of the national program for boys and girls.

Jackie Fie, our long time Chairperson of the Technical Committee, gained a great honor in being elected to the Technical Committee of the International Gymnastics Federation (F.I.G.) I am pleased to report to you that once having gained that distinction she has not rested, and continues to strive to make viable improvements in the sport on the international level. Her energies are well directed and she represents all of us in the sport of gymnastics very capably.

## International Report

Our Federation has become increasingly active in the area of participation in regularly scheduled international events. The attached events report will show that quite readily, and our schedule appears to be ever increasing in numbers of events. The past year has seen some rather interesting occurrences in our sport. Nadia Comaneci had been rumored out of the picture, but came back to win the European All-Around title quite easily, only to leave that competition before its conclusion (during the finals) over a dispute with the judges and certain other international officials who became involved in that dispute. There can be little question that as of this writing she remains the Number One female gymnast in the world, and perhaps the team mate Tsvetoslava Danegreva is second. There will be some questions to answer about the Romanian walk-out in Prague at these European Championships, but any personal position will be that representative for the Romanian Federation might be asked, but nothing should be done to discourage participation by the gymnasts of Romania in any and all events.

Politically speaking, the new President of the F.I.G., Mr. Yvan Tittel of the USSR, has done a

quite satisfactory job as President. He has displayed, in the meetings I have attended, a tenacity that I commend him for, and hope to see such a stance continue. There are several changes in policy for the men's and women's FIG Technical Committee that are commendable. All they are passed by the General Assembly at the FIG Congress to be held in Rome in late November, they might well see a turn for the better in international judging.

Perhaps many of you are not aware that the FIG positions are elected at the annual FIG CONGRESS. Other elected, however, those on the FIG Committee are no longer (theoretically) representatives of their home country. That means, that I as Vice-President of the F I G, cannot vote for the United States at such meetings. In the Executive Committee meetings, I attempt to the best of my knowledge to represent the feelings of the USA, Canada, Great Britain, Mexico, Cuba and all others in this top (as well as English speaking and Spanish speaking countries) with regard to any issues to which geography or equality applies. At the Congress, however, someone else from the USGF must be assigned as voting delegate for the United States of America.

The FIG now has approximately 72 member nations. Again, in theory, each of them must have a sizeable gymnastics program. Many do not have a viable program, but it is a difficult task to ascertain the existence or non-existence of a sports activity in many of these areas. A better measure might well be the involvement in regional or continental events, but such as of this writing is not the case.

There is considerable difference to be noted when an official of the FIG is elected from a nation in which amateur sports are both government supervised and financed, and in one such as ours. This is not, to be considered as a criticism. I only bring it to your attention for information purposes because of the graphic difference in reaction to election to high international sports federation offices. As an official of the FIG (Vice-President), I must take time from my regular job as Director of the USGF and attend four to five meetings per year of the FIG Executive Committee. My expenses are paid by the USGF to these meetings, however, my time away from work here at the national office is considerable involving perhaps five weeks of the year as a minimum. The FIG President from Switzerland (Mr. Arthur Gander, 1966-76 as President) was a physical education inspector in one of the Swiss states. When he was elected to the FIG President, he was excused by his State from his work at full pay, to perform the responsibilities of that office. Mr. Ture has recently been replaced in his USSR Gymnastics Federation job, to give him full-time to devote to being President of the FIG. I must, with some sense of humor and some of reality, admit that if I were to be elected to the FIG Presidency I might have to look for another job due to the heavy demands on time and travel placed on me for that position... what with meetings with the I O C, the G A I F, etc. ad infinitum. Naturally, it would take so much time away from the USGF it would be difficult to hold both positions. It is an interesting comparison between interpretation of elected honorary positions.

Gymnastics throughout the world appears to be growing. The number of spectators seems greatest in the U S A, Canada and Great Britain. At least based on the crowds drawn to Olga Korbut tours, etc., these three nations seem to lead the world in drawing power. The level of difficulty of performance has leaped tremendously... almost into an-

other dimension. The women now perform double back in floor exercise, and off the beam, perhaps not routinely as yet but the trend has been set. The most studies in difficulty have been made by the USSR men's team. Twisting doubles on the floor, triple fly-a-ways from the high bar, and double twisting double fly-a-ways as well. There appear to be no end to the limits in ability to perform difficult movements, with precise execution. Only the limits placed by danger will guide future development of very difficult skills, demands, and movements within reason.

The U S G F has made motions for the coming FIG Congress to call for "open" scoring in FIG events. Each judge shows his or her score to the world at the time it is given. We have proposed a drive for judges' assignments, to take place thirty minutes prior to the start of the event. We have proposed a World Championships every two years (not every four as it is now), with the one the year before the Olympic Games to serve as qualification for the next year's Olympic Games. Judas Fie has made a number of proposals of a technical nature, aimed at making the difference between the middle two scores closer, etc. We strive to make the sport more objectively judged and at the same time make more competitive opportunities for our gymnasts.

---

### Summary

---

**T**he past year has been the busiest in its history not only of the U S G F, but of the sport of gymnastics in its entire history in the USA. It is our sincere hope that this is a trend that is not reversible, but one that will continue, allowing growth and steady improvement to go hand in hand. The addition of Max Wittenbe, to our staff. A streamlined version of the USGF NEWS, with a new computerized mailing system... a wide variety of materials available to the public and our membership, and a broader program with a more coordinated competitive base. All these are projects that are in motion.

In closing, let me point out that although the U S G F will be fifteen years old in January of 1978, it remains in formative stages, and continues to change both structurally and administratively with the growth of the sport. From its inception in 1963, the single goal of promoting and developing the sport of gymnastics in the United States has remained most important. The U S G F is, as any organization with dozens of national associations and their complex programs might well be, not free from problem areas. We do, however, see a trend that is also most desirable among our programs. That trend is towards a national team image and feeling. It is a feeling that has not been truly seen or felt before, and the time for it is now. In 1978 at the World Championships we will be faced with competition at the highest level. In 1980, we need to face the task of moving into the top six positions in the world, and then move from that point upward as steadily as possible. That should be the goal of every coach and gymnast in America who aspires to participate at the international level, for this next three years.

For the United States Gymnastics Federation

**Frank L. Bore**  
Executive Director  
August 30, 1977.

## In This Issue

1977

USGF Annual Report	3
Boys Jr. Olympics	4
Improvment: Evident—	
Boys Jr. Olympic Camp	7
Girls Jr. Olympics	8
Cornish, Olympic Giant	10
Nadia's Coming!	11
Brazil Tour	12
USGF CONGRESS	
PROGRAM	14 & 15
National Seminar	16
World University Teams	16
Compulsory Code Changes	24
Romanian Tour Schedule	24
WHO'S GOING WHERE?	24

## On the Cover

Gymnasts of the World University Men's Team that represented the U.S.A. at Sofia, Bulgaria in August. For names, and the Women's Team, see page 16.

**PHOTO CREDITS:** Camerley informal, Jack Mathews, Carl Jr. Olympia, Portland Olympians Center, others, USGF Photos.

## Subscriptions

**Third & CHEMISTS'S INFORMATION SERVICE** the official publication of the Royal Society of Chemistry in the United States, is published every month except in July & August. Contains abstracts, notices pertaining to coming events, information about past and current events and summarizes new changes and latest published information only to those who are involved with organic synthesis within the International Federation of Pure and Applied Chemistry (IUPAC). \$25 per year. Order from the IUPAC Form P-3 Box 1702, Toronto, Canada M5G 1S6.

United States  
Gymnastics Federation

**Author's address:** Department of Computer Science,  
University of Illinois at Chicago, Chicago, IL 60607-7159,  
USA.  
**E-mail:** {mohamed, shah}@cs.uic.edu

1. *Journal of Management Education*, 2000, 24(1), 1-10.  
 2. *Journal of Management Education*, 2000, 24(1), 11-20.  
 3. *Journal of Management Education*, 2000, 24(1), 21-30.

1000

American Alliance for Health, Physical Education and Recreation  
American Athletic Union (AAU)  
American Association of Physical Education Teachers  
American National Association of Women's Colleges  
1939 Judson - National Gymnastics Judges Association  
The American Tennis - The National Association of Collegiate Tennis Coaches  
The National Association of High School Sports Coaches  
The National Collegiate Athletic Association  
The National Junior College Athletic Association  
The National Association of State High School Associations  
The American Association of Independent Universities - Clubs - Franchises  
The American Football Coaches Association



### 1r. Olympics -

## Boys' Competition, '77

Disease	Number of cases
HIV/AIDS	100,000
Tuberculosis	100,000
Malaria	100,000
Dengue	100,000
Typhoid	100,000

### How to Measure The Customer's Voice

Many talented gymnasts from all over the United States who scored the required number of points in their Regional Championships gathered together in Boulder, Colo., for the 4th annual USGF Jr. Olympic Championships for Boys. The setting of the University of Colorado is in the heart of the Rocky Mountains with breathtaking views and the University was selected for this exciting event because of the fine facilities as well as the location.

Almost twice as many boys qualified than did in 1976 for a total of 116 gymnasts, in spite of the fact that the new compulsory were used just this year for the first time. The atmosphere was tense and exciting as the boys gathered

"Almost twice as many boys qualified than did in 1976 for a total of 116 gymnasts. . . ."

the day before the competition at the Student Recreation Center and looked at each other working out. Many visiting coaches, fans, and spectators were very impressed by the difficulty and technical execution of the boys. Many of the coaches and parents stayed at one of the University dormitories at a very reasonable cost.

As the day dawned, Friday the 8th, there were 52 gymnasts in the 13-14 Age-Group, and 64 in the 15-16 Age-Group. The 13-14 group started at 10:00 a.m., with Compulsories, with 6 events at once. There were two judges for each event, and each judge was Nationally rated or better; the competition was well organized with Sid Fendricman, Coach of the University of Colorado, as the meet director. Although it is difficult to follow everyone with six events in progress, the meet had all the thrills of an Olympic meet as it also is conducted

the same manner. It prevents long waits by the boys and gives spectators continuous action and there was plenty of it.

It became apparent immediately that the technical execution and form had improved greatly over last year.

It was rewarding to see the improvements in body position, and the effect that emphasizing of companions had on the boys. Jim Mikas led the group with a 54.05 in the comparsas (Jim had won the last 3 years) with Chris Regel 2nd, Larry from Reading, Pa., coached by Larry Meyer. Jon Jacobs from Florida and Marc Arnet from New Mexico were tied for 3rd with 52.75 points. The spread from 3rd to 10th was only 1.45 points, indicating the closeness of the competition.

The afternoon session, compulsory by the 13-18's, brought more excitement to the competition. The same format was used for the 60 boys. At this age there were definite differences shown in their physical maturity level and it was reflected in their performances. They were more dynamic, showed speed, power and in many cases 'flair.' The top two gymnasts were Jim Hartung with 55.05 and Phil Cahoy with 54.00, both from Omaha, Nebraska, and both coached by Phil

"It became apparent immediately that the technical execution and form had improved greatly over last year."

Culsey, Tom Pace from New York was in 3rd place with 32.70. From 4th to 13th place only 1.4 was the spread indicating a very tight competition.

On Saturday morning the operations started in the morning for the 13-14 Age Group. The competition was intense and not only were the boys competing for the places for 1st, 2nd & 3rd

each event, but for the special USGF Trophies for the first 10 in the All-Around and for the grand prize of two (full expense) weeks in the USGF Olympic Development Camp under the direction of Mr. Watanabe.

(There were also some 12 year olds competing. The rules allow for the exceptional 12 year old who has met the score requirement, to compete at the Nationals.)

The boys went all out to capture the awards and it was exciting to watch. There were a few double faults executed very well on the floor and some other excellent tumbling such as Arabian front and 1 1/2 twist, then full twisting backs, handspring front etc. Also there was a tremendous improvement on the Rings, especially in the swing forward and backward. There were many high flying releases to back uprise handstand with a high swing. Many handspring fronts and Tuckahares were executed in Vaulting.

**"The supporting events, Pommel Horse and Parallel Bars, have shown the least improvement in optionals."**

and many vaults had amplitude and control in after-flight. Overall difficulty on the Horizontal Bar was improved, with Stenders both ways, however, although the dismounts were difficult, many lacked proper execution and showed poor landing and need improvement. The supporting events, Pommel Horse and Parallel Bars have shown the least improvement in optionals even though the body position has improved in both events. Many of the gymnasts showed that they had physical weaknesses during the routines. From this observation it may be possible to assume that to develop this basic strength might take longer on these events than to develop other basic strengths on the others.

The competition ended with Jim Mikas successfully defending his title making it 4 in a row for him which no one else will ever duplicate in this age group since it is now limited to 12, 13 and 14 year olds. His team mate Chris Regel was 2nd and he is only 12. He surprised and impressed with a total of 100.45 to Jim Mikas' 103.30. The average of the ten top gymnasts was 95.08 points, which is 4.3 points higher than last year, a remarkable improvement.

(Continued on Page 17)

## Improvement Evident At Jr. Olympic Camp

Immediately after the U.S.G.F. Junior National Championships, the top 30 finishers from both age groups were selected to participate in the 4th Annual Junior Olympic Development Camp. The camp was held at the University of Colorado in Boulder, Colorado from July 10 through July 31st, 1977. The gymnasts and coaching staff were staying at one of the campus dormitories and excellent meals were provided. The beautiful University Recreation Center facilities were offered for the training camp with two sets of apparatus in each event. The gymnasium was comfortably air conditioned and adjacent to this, was an ice rink and swimming pool, also offered for recreational use. The gymnast who participated are:

### 12-13 Age Group

Name	State
Jim Hartung	Nebraska
Phil Calvey	Nebraska
Tom Pace	New York
Peter Sosa	Florida
Jeff Benson	Pennsylvania
Bryan Belovich	Kansas
Danny Price	Florida
Frank Thompson	Arizona
Chuck Chantika	Nitbraska
Marvin Cilde	North Carolina

### 13 and 14 Age Group (Includes some 11 years)

Jim Mikas	Pennsylvania
Chris Regel	Pennsylvania
Daniel Galsicki	Pennsylvania
Robby Campbell	New Jersey
Joey Ray	Illinois
Dale Brown	Texas
Brian Bailey	New Jersey
Matt Amor	New Mexico
Mark Brown	Nichiana
Jon Jacobs	Florida

The program was directed by Max Watanabe, the coordinator for U.S.G.F. Junior Olympic Region programs, and the regular members of the camp staff, Paul Zierl, University of Oklahoma; Dick Fossel, University of Washington; and Wainline Mill, Santa Clara Gymnastics Club. In addition to these regular members, Greg Barwick, University of Oklahoma graduate, was the substitute for Paul Zierl in the second week, and Bart Conner helped the talented gymnasts as a group leader. Due to the increase in camp participants from 15 to 20 (2 additions in younger age group) it was necessary to have additional

staff. Bart Conner acting as group leader gave the young gymnasts good stimulation and a lot of incentive to work hard. Neil Reuterstein (former Olympian in 1968) acted as the camp coordinator, assisting in some instructions, planning recreation activities on light days and many other collaborative work during the camp.

Basic format for the camp was very much the same as in the past. Their entire day was set up for the gymnasts:

	A.M.		
4:30		Wake up	
6:45-7:00		Morning Exercise	
8:00		Breakfast	
10:00-11:00		Lecture	
11:30		Lunch	
1:00-4:30	P.M.	Workout (all 5 events)	
4:30-4:40		Warm Down Exercise	
5:00		Dinner	
7:00-8:30		Free Session	
8:30-9:15		Strength Exercise	

The first change attempted in this format came from the past were:

1. Having warm down exercise immediately after the main workout.
2. The strength exercise was moved to the evening in an attempt to maximize the effect of the exercise by giving an interval from the strenuous main workout.

The morning lecture topics were picked according to their need from various angles and presented by staff as follows:

- July 11-Introduction: Purpose and goals for the camp—Watanabe and Zierl
- July 12-Strength exercise for gymnastics, Discussion of arched and piked position—Watanabe
- July 13-Golden Sand Invitational Meet at Bulgaria, Technical analysis in State—Zierl and Watanabe
- July 14-Observation of Japanese gymnasts and their training—Conner
- July 15-Training: Goals for the training, learning—Watanabe
- July 16-Monthly training report, Diet—Watanabe

(Continued on Page 18)

# Girls' Competition, '77

By Joe Becker  
Meet Director

The Portland Gymnastic Center hosted this year USGF JO championship on June 10-11. Ten competitors from 6 of the 8 USGF regions participated.

## Seniors

- |                             |  |
|-----------------------------|--|
| Region I - Dianne Ellingson | - Nuggen, Utah—Michelle Pond, Paul Hunt, coaches               |
| Region II - Jan Colvin      | - Tigard Twisters, Oregon—Wayne McClements, Ed Zammer, coaches |
| Region III - Linda Phillips | - Flippen, Texas—Dianne Yandenburg, Betty Martel, coaches      |
| Region VI - Margie Foster   | - FM Flare, New York—Pat Foster, coach                         |

## Juniors

- |                           |  |
|---------------------------|--|
| Region I - Karl Lewis     | - Searay, Arizona—Jan Nelson, coach                          |
| Region II - Ronnie Barnes | - Puget Sound Sch. of Gym., Washington—Brad Leen, coach      |
| Region III - Pam Lee      | - Super Novas, Texas—Pat Harnett, coach                      |
| Region IV - Teresa LaRock | - Jonathan Livingston Seagulls, Minnesota—John Tobler, coach |
| Region V - Sheri Bechtold | - Castle Oaks Gym Club, Illinois—Mike Kavanaugh, coach       |
| Region VI - Beth Curry    | - Fireworks, New York—Phil Devolt, coach                     |

The small number of gymnasts allowed the girls to compete in one group which added to the relaxed pace of the meet and the sense of individual competition.

Both the Friday night and Saturday night sessions began at 7:00 P.M., which allowed the competitors and coaches all day to partake in the Rose Festival activities which were being held at the same time as the meet.

Friday night competitions saw Margie Foster, Sr. from New York and Karl Lewis, Jr. from Arizona turn in very solid performances (Poster 32.35; Lawn 37.65) and take the lead in their age groups.

The competitions were extremely strong with the majority of scores in the 9.6's. Vault was exceptional with all but one gymnast in the 9.6's. Margie Foster nailed down a 9.7 on a test book vault.

Saturday night options were exciting and enjoyable. Again the small number of gymnasts added greatly to the competition.

## FLOOR

In the Juniors—Karl Lewis won floor turning in 9.25 comp. and 9.35 opt. Beth Curry was second and Pam Lee third.

Margie Foster won Sr. floor edging out Dianne Ellingson by .1 of a point. Third was Linda Phillips.

## VAULT

Beth Curry, Jr. super comp. vault 9.6 was able to give her a .1 edge over Teresa LaRock and Pam Lee. Pam did an extremely fine vault for 9.5. (Continued on Page 23)

Senior ALL AROUND winners included, left, Dianne Ellingson (1); Margie Foster (3); Jan Colvin (1); and Linda Phillips, (4) ... ALL AROUND junior winners are Karl Lewis (1); Ronnie Barnes (2); Beth Curry (3); Pam Lee (4); Teresa LaRock (5); and Sheri Bechtold (4).







**Excellence...  
Never Less**

Bring out the best in your program.  
Send today for your free catalog  
of gymnastic and physical education  
equipment.



**American Athletic  
Equipment**

200 American Avenue  
Jefferson, Iowa 50129

# Cumiskey - Gymnastic Giant - Retirement? No Such Thing!

To borrow from a Mark Twain phrase, the reports of Frank J. Cumiskey's retirement "are highly exaggerated." True, on Sept. 6th he officially steps aside as Assistant Executive Director of the USGF at the formal retirement age of 65, but Mr. C (as he's known at Headquarters) will stay on and lend his formidable talents and energy to the organization in a consulting role.

"Frank is too valuable a man to just turn loose," says Executive Director Frank Bass. "He's been the formulator of many programs that are an accepted part of gymnastics today and we've asked him to assist us as long as he wants to."

This marks the second retirement for Cumiskey. In 1944, he retired from the U.S. Postal Service where he was a work measurement analyst. This was at the modest age of 35 after 32 years with the Post Office. Three years later, he

joined the USGF as its technical director and in 1972 was named Assistant Executive Director.

For more than half a century, Mr. C's life has been gymnastics. . . . is an Olympic performer, as a teacher, a coach, a judge and as an administrator. His list of achievements and honors would fill most of the pages of this magazine and it would wound Cumiskey's basic modesty to enumerate more than just the highlights.

Beginning with his first gymnastics title in 1926 at Union City, N.J., Cumiskey accumulated over 260 medals as a competitor. While attending New York University, he made the 1932 U.S. Olympic team and helped the U.S. take second place in the Summer games held at Los Angeles. And again in 1936 and in 1948 he was chosen for the U.S. Olympic squad. This gives Frank the unprecedented honor of having been an Olympian at 19 and still an Olympian at age 34!

He won 25 AAU National Championships (5 All-Around, 7 Pommel Horse, 7 Horizontal Bar; and at least one championship in each of the other four events).

His coaching career has been equally outstanding. He coached the Swiss

Gymnastics Society for five years producing many prominent gymnasts and winning several AAU championships. He served as both coach and teacher at the National Gymnastics Clinic at Sarasota, Fla., for many years and was the Clinic's president for ten years. While at the Sarasota facility, he introduced his "Cumiskey Horse"—without a saddle it permitted parallel bar type movements as well as traditional pommel horse exercises.

National Chairman for Gymnastics for the AAU in 1964, Cumiskey later founded the National Gymnastics Judges Association serving as its first Technical Director in 1970-71 and as its Executive Director in 1972-73. At one time or another, he has judged at every national event in the United States, at the Olympic Games, the Pan American Games and World Gymnastics Championships. And he was both manager and judge at the 1972 Olympic Games.

Frank Cumiskey's many honors include the Helms Foundation Hall of Fame; the USGF Master of Sports Award; the Eastern Judges Association Hall of Fame; Eastern College Athletic Association Official of the Year; and the National Association of College Gymnastics Coaches Honor Coach's Award.

If you asked Mr. C what he felt was his greatest contribution during his years at the USGF, he would probably point to his founding and organization of the Junior Olympics program. In a recent interview he stated "The Junior Olympics competitions were necessary to broaden gymnastics participation . . . to give an added goal for young people to shoot for . . . events complete with the rigid technical criteria of senior competition." In talking about the Junior Olympics, Cumiskey recounted what has been his philosophy throughout his gymnastics career: "We endeavored to set up the Junior Olympics program so it could be run by anyone. You can't have a successful activity that depends on one person to keep it going. Gymnastics is too big and too important for that. The youngsters and their increasing partici-



Frank Cumiskey



Mr. C caught in an informal moment with other officials at the 1976 National Junior Olympics Championships for Boys at Fort Worth. Mr. C was instrumental in founding the USGF Jr. Olympics Program in 1974.

patience and striving for perfection are far more important than the personal ambitions of any individual."

Asked for a look into the future for publications in this issue of the *Gymnastics News* (which Cusinskey founded in 1974), Mr. C had these observations: "Gymnastics is a far cry from when I entered the sport in the 30's. Then, at most, there were no more than 40 or 50 thousand serious gymnasts in the country. Today, more than a half-million young men and women are involved in the U.S. At last, we have a broad and flourishing base for the sport. And yet, we're really just beginning. With well-planned direction, with solid technical standards, and with dedicated expert coaches and judges, I foresee the day—and it's not many years away—when America will have several million gymnasts competing in thousands of schools and colleges and in hundreds upon hundreds of clubs. While we may think other nations for helping popularize gymnastics through some star performances on Olympic telecasts, we here in the United States have the organization and the self-generated enthusiasm to become the genuine leaders in gymnastics far sooner than we might believe."

It is doubly to be hoped Mr. C is right and also that he's part of gymnastics for many years to come to continue the work he performed so well for the past half-century. 🍷

#### AAW GYMNASTICS REMINDER

Copies of the 1977-78 Opening Code will not be mailed to the coaches or athletic directors this year, or in the future for that matter.

As announced in September 1976 and at last spring's national championships, you must write and request a code be sent to you.

#### WRITE:

Ray Hutchcraft  
AAW Headquarters  
1201 Sategraph Ave. N.W.  
Washington, D.C. 20036

Best wishes for a most enjoyable and successful 1977-78 gymnastics year.

Ernestine Weaver,  
Chairperson  
AAW National  
Gymnastics Committee

## Nadia's Coming!

Tucson, Arizona—Aug. 23, 1977

Frank L. Bass, Executive Director of the U.S. Gymnastics Federation, announced today a five-city USA tour by The Romanian Women's National Gymnastics Team.

Featuring Nadia Comaneci, the most spectacular gymnast in the world, the touring group will arrive in the United States on October 3, 1977, in time to prepare for their opening appearance Friday evening, October 7th in Washington, D.C. The tour schedule follows:

- Oct. 7 Washington, D.C. -  
Cady Field House,  
University of Maryland
- Oct. 9 New York - Madison  
Square Garden
- Oct. 11 New Orleans - Super-  
dome
- Oct. 16 Chicago - Chicago  
Stadium

Oct. 19 Hartford - Civic Center  
Teaming with Nadia Comaneci will be the sensational Romanian Women's Team, winner of the silver medal in the Montreal Olympics. Nadia's teammate, roommate, and best friend—Tudora Ungureanu—will display the dazzling skills that brought her 4th place honors in the coveted all-around competition and two silver and one bronze medal in the 21st Olympiad. Tudora, whose style so often parallels Nadia's that they are mistaken for each other, is considered by many gymnastics experts to be #2 in the world today. Names like Georgeta Gabor, Mariana Constantina, Anca Gregoran, and Alina Gornac may not be immediately recognizable, but these incredible world class gymnasts will show American audiences their dynamic athletic skills and balletic elegance that combined with Nadia and Tudora to earn their team the Olympic silver medal.

The performances in Washington, New York, Chicago, and Hartford will be exhibitions. The brightest American gymnastics stars and selected specialty artists will join the Romanian girls in a show format that has thrilled U.S.

audiences coast to coast. From the opening fanfare to the closing rose parade no sports exhibition has more consistently stimulated audiences into a standing ovation.



Nadia Comaneci

At the New Orleans Superdome, however, the U.S. Women's National Gymnastics Team will take on the touring Romanian women in a competition of optional exercises. Probably the most important U.S. gymnastics team effort since Montreal, this competition will offer a nationally televised sneak preview of how challenging the American team has become in preparation for the World Championships in 1978.

Winner of 3 gold, 1 silver and 1 bronze medals at Montreal Nadia has never lost the all-around title in international competition. No gymnast had ever been awarded the perfect score of 10 in Olympic history, but in collecting the above medals and the all-around title, Nadia received the unanimous approval of the dazzled judges 7 out of a possible 16 times. Her comment afterwards—"I must work to get all 16s next time." ■



## Brazil Tour . . .

# Example of Cooperation

By Fritz Reiter

When we first learned we had a chance to become part of the 2nd F.I.G. World Team Exhibition Tour to Brazil, we didn't really believe it. In my mind it was the tour of the tour to be with. But it was true and on May 29 we left on board of a Varg airplane bound for Brazil to be part of the 2nd International Festival Giocondo Olimpic.

The USA contingent consisted of the 1976 National All Around Champion and 1977 National team member DENISE CHESHIRE, SHARON SHAPIRO, also a member of the 1977 National Team, and recent All Around Champion of the International Quattro-Inividual in New Zealand, and, repeat, FRITZ REITER, as their coach.

On board with us was the Japanese team with two-time Olympic All Around Champion SAWAO KATO and famous Olympian MITSUO TSUKAHARA for the men and Olympian MIUKI HIRONAKA for the women.

Our flight took us over Lima, Peru to Rio de Janeiro where we were received by our most gracious host Mr. SIGGFRID FISHER (Executive Director of the Brazilian Gymnastics Federation) and his wife Anneline.

A bus took us to a beautiful superstructure located right on the beach of Rio, the Hotel de Nacissale.

As we were the first members of the World Team to have arrived in Brazil and the European gymnasts were not scheduled to arrive until the next day we enjoyed the sole attention of the Brazilian press who had joined us for our first workout in the Gamao Gafforio Gardens the place of our first two performances.

The round stadium, capable of seating 15,000 spectators, was built of concrete which as we were to find out has an overwhelming acoustical effect when people applaud.

We spent the one day we had before we began our whirlwind of exhibitions through Brazil in **Rio de Janeiro**, the former capital. The city is a breathtaking landscape favored by an amiable tropical climate. It is the result of a happy blending of natural splendor and human labor, foreign influence and latin party.

A full house greeted the star-laden gymnastic squads of men and women from 13 nations.

Secretary General of the F.I.G. **MAX BANGERTER** was the "Chef de Delegation" assisted by Mrs. **ELLEN BERGER** the president of the F.I.G. Technical Committee for Women and **ALEXANDER LYLO** the president of the F.I.G. Technical Committee for Men. Also official representatives of the F.I.G. were Mrs. **JAROSLAVA MATLACHOVA** from Czechoslovakia and Mr. **THOMAS JALANTIE** both members of the F.I.G. Technical Commissions. The leader of the Japanese delegation was Mr. **NOSHIEKU MATSUZAKI**. Mr. **BORIS KRASHINSKY** led the Soviet delegation of **OLGA KOVAL**, member of the 1952 pre-Olympic team; **MARIA FILATOVA**, member of the 1976 Olympic team and winner of the 1977 Moscow News and Riga Cup, a gymnast, as we shall see, with incredible difficulties in her routines and many that astounded audiences and experts alike, **SERGEI KHUMENKOV**, Gymnast's "BARSHENKOV" and future representative, winner of the 1977 Moscow News Invitational, and 19 year old **VLADIMIR MARKELOV**, Silver Medal Winner on Floor Exercise in Moscow. The Team was coached by **VLADIMIR POPOV** and Filatova's personal coach **GALINA MAMENTIEVA**.

The Romanian delegation was led by **MIRCEA BIRBE** and consisted of Olympians **GABRIELLA TRUCA** and crossing **ALINA COBEAC** as well as longtime national team member and Olympian **DAN GRECU**.

Hungary was represented by three girls and two boys, Olympians and Hungarian female superstars **MARTHA BGERVARI**, **MARGIT TOTI** and **EVA OVARI**. The men were none less than Olympic Gold Medal Winner on the Side Horse **ZOLTAN MAGYAR** and **FIRENCE DONAT**. Their coaches, **KLARA REIK** and **DEZSO BORDAN**, are both national coaches.

Poland was two-time Olympian and 5th on the All Around in Montreal, **ANDRZEJ SZAJNA**, a happy go luck team third, and favorite of every audience, **LUCIA MATRASZKE** of the Polish Olympic team.

West Germany sent **REINHARD DITZE** and along with him came Mr. **ULRICH SPIETH** and his lovely wife, and **LIESEL NIEMEYER**, reporter for the F.I.G. **BULETIN**. **ROBERT BRECHER**, a two time Olympian from Switzerland, came along with **IRENE AMREIN** the country's top female gymnast.

From France came **HENRI BIERCK**, Bronze Medal Winner on the horizontal bars in Montreal. **PHILIPPE DELA-SALLE** from Victoria in British Columbia represented Canada. Philippe is an excellent gymnast, a fine young man always winning the audience with his amazing and elegant legwork on the Sidhorse.

Bulgaria's **STOYAN DELTCHIEV** might be a sleeping giant of the future. From Czechoslovakia came **IRI TABAK**, one of their top gymnasts. Equipped with some great gymnastic talent, he excited the public with his daring tumbling (R.O. the One Arouse double front, R.O. double back and R.O. the One double twist.) The Toman girls, including **INGRID HOLCOVICKOVA** and **EVA PORADKOVA**, were favorites of the Brazilian public with their flamboyant dances.

But neither Filatova's mixed double back or her difficult tumbling on the Beam nor Olga Kovalev's interpretation of a Backflip or the perfect form of Sergei Khumenskov could sedate the thunder of applause and excitement that the two Brazilian girls, **SILVIA FRADO** and **LILLIAN CARLASSOZA**, received.

**ANS DEERK** from the Netherlands rounded out one of the present Gymnastics Teams of our time put together by their I.G.

With the exception of Romania, every country had sent some of their absolute best gymnasts to this event and Mr. Max Bangarter as well as Mrs. Ellen Berger and Mr. Alexander Lylo gave the impression that this is a very important affair for the F.I.G.

Speaking about a significant affair the Brazilian public responded with huge crowds attending all the performances and crowding it with a 25,000 people full house in **Brasilia**, the new capital of Brazil. The Russians found it so important that they delegated an assistant to accompany their

years through-on-line ranking comparison with newspapers and swapping their gymnasts with girls.

Virtually every day on our route assigned a police escort with red lights and sirens to take us from the Airport to the Hotel or from the Hotel to the Stadium. Part of the staff was supplied by the Ministry of Sports and was assigned to do much of the organizing.

The fact that this was not a competition allowed for a rather relaxed atmosphere to develop. Not only did the gymnasts begin to interchange but also the coaches. I especially enjoyed the discussions and conversations with Mrs. Ellen Berger and Jarislava Melachova, women of great wit, charm and humor. The Tschudakovskas as well as the Pichas seem to be an extremely happy people.

Learning each other's language was one of the favorite forms to get things started. One day I noticed Denise and Sharon sitting with Maria and talking—and I knew that my two couldn't speak Russian and neither could Maria speak English, so how did they do it? I soon found out myself with I got to sit next to the little wizened Maria Fintova on the plane trip from Iguaçu Falls to Porto Alegre. We were using pencil and paper and first studied each other's alphabet and then wrote down a number of words using German, French, English, Slavic and sign language as well as drawings you can lead a conversation!!

Instant mutual brotherhood as it was was experienced in Porto Alegre where we sang songs from the German, Swiss and Slavic folkdances. Robert Bretcher and Andrius Krapias lead and Eva Poradikova and Ingrid Holzerickova filled in with their beautiful voices. The rest of us joined in the refrain. One did not feel that there were people from two opposing world ideologies, just beautiful people with their hopes, joy and love for life. If the Olympics were the only goal, it may not be worth all the second sacrifice hard training, injuries, but for the sake of an experience like this tour it is well worth it.

In Porto Alegre—the home-town of our hosts, Mr. Siegfried and Anneliese Fischer, we were treated to a gaucho barbecue on a ranch which turned into a "Brazilian folkdance festival" with everyone—young and old, gymnasts, hosts and coaches dancing to the exciting music of the native musicians. Even the most reserved Russian "Chef de Delegation" Boris Kravtsov was "kicked" (they just grabbed him by his hands) to join and turned out quite a jolly fellow. These gymnasts from all over the world did not speak the same language but they had no trouble having FUN together.

Our exhibition tour lead us from Rio over São Paulo where we had two performances (as in Rio) in Curitiba and from there we took a day off to do some sightseeing at the Iguaçu Falls, a natural spectacle of greater magnitude than our own Niagara Falls. The plane that brought us to Foz De Iguaçu circled twice around the Falls to show them to either side of the

passenger) before it approached for landing. Once on the ground we were driven to a plush hotel in the middle of the jungle.

The first performance in Porto Alegre would not go down well in gymnastics history. Many of the gymnasts had troubles and the atmosphere was very careless. This drew some strong words about expectations and reputation of the F.I.G. by Mr. Bongert and Mrs. Ellen Berger. Denise and Sharon, however, had done an outstanding job throughout the tour and it seemed that our special training methods began to pay off. During a period of 10

days we had 8 exhibitions and with virtually no opportunity to train as our exhibition followed another, we had only one hour!

The performance difference was outstanding and points to words less interference by the mind and more doing by the body. At the same time it was noticeable that all other gymnasts with the exception of the two Russian male gymnasts had several to many breaks. It was especially pleasing as this happened under the eyes of 30,000 spectators. And the press began to write about the girls from ESTADOS UNIDOS (Continued on Page 14)

# GymMaster®

## THE GYMNASTIC EQUIPMENT SPECIALISTS

Gym Master's dynamically designed gymnastic equipment for colleges and universities is built to rigid specifications for international competition and known the world over for its excellence in quality and performance.

Look to Gym Master—where new ideas, new safety features, new and better materials are constantly producing the most functional, most efficient gymnastic equipment.

3200 SOUTH ZUNI STREET  
ENGLEWOOD, COLO. 80110 U.S.A.



## FRIDAY—OCTOBER 7

9:00 a.m.	REGISTRATION	USGF Staff
9:00-11:00 a.m.	Foreign Relations Committee/Women (closed meeting) — Board Room	F. Bare
9:00-12:00 noon	International Committee/Man (closed meeting) — Director's Room	G. Wettstange
9:00-10:00 a.m.	Certification Committee Administrative Workshop for Judges and all TA's — Mississippi "A"	V. Francis, S. Arnesen
10:00-11:00 a.m.	Modern Rhythmic Dance Workshop — Tennessee "A" & "B"	Shirley Roberts
11:00-12:00 noon	National Compulsory Routines/Women Question and Answer Session — Mississippi "A"	S. Wicker
9:30-11:00 a.m.	Western Judges Symposium (cont.)	T. Murayoko

## General Assembly

All Sessions Meet in Ridgeway "A" &amp; "B"

1:00- 1:05 p.m.	USGF Welcome to the 12th Annual Congress	A. Frommelt
1:05- 1:20 p.m.	World University Games Report/Women	E. Wenzel
1:20- 1:45 p.m.	World University Games Report/Man	K. Schwenkwer
1:45- 2:00 p.m.	Canadian Report	B. Taylor
2:00- 2:15 p.m.	FIG Executive Report	F. Bare
2:15- 2:30 p.m.	Foreign Relations Committee Report	V. Edwards
2:30- 2:45 p.m.	FIG Technical Report/Women	J. Fu
2:45- 3:00 p.m.	International Committee Report/Man	G. Wattersone
3:00- 3:30 p.m.	Women's Elite Program in the USSR	K. O'Brien

## End of General Assembly

3:30- 5:30 p.m.	USGF WC Officers Meeting (closed meeting) — Tennessee "A"	L. Chotowski
3:30- 5:30 p.m.	National Association of Collegiate Gymnastics Coaches/Women — Mississippi "A" & "B"	L. Rogers
3:30- 5:30 p.m.	USGF Junior Olympic Program/Man — Ridgeway "B"	M. Watanabe
6:30- 8:00 p.m.	Gymnastics Safety Association Report — Ridgeway	R. Amye, C. Gansel, Dr. B. Rasmussen, G. Wellstone
6:30- 8:00 p.m.	National High School Coaches Association — Tennessee "A" & "B"	M. Mikolajis
7:00- 8:00 p.m.	Modern Rhythmic Gymnastics — Mississippi "B"	M. Zakke
7:00- 8:00 p.m.	McGill Guide Session (Recreation) — Director's Room	D. Dorst
8:00-11:00 p.m.	National Association of Collegiate Gymnastics Coaches/Man (Tennessee) — Ridgeway "A"	B. Penny
9:00-11:00 p.m.	National Association of Women's Gymnastics Judges — Tennessee "A" & "B"	K. Kjeldsen
9:00-11:00 p.m.	Elite Women's Coaches Association — Mississippi "A"	J. Gault

# GRESS '77

MEMPHIS, TENNESSEE

## SATURDAY—OCTOBER 8

8:00-9:00 a.m.	Coffee — Over	W. Zetche
9:30-10:30 a.m.	USA Independent Gymnastics Clubs (1st session) — Ridgeway "A"	E. Knepper
9:00-10:00 noon	National Association of Collegiate Gymnastics Coaches/Men (2nd & 3rd sessions) — Ridgeway "A"	B. Peavy
9:00-10:00 a.m.	National Gymnastics Judges' Association/Men — Mississippi "A" & "B"	T. Murzynko
9:30-10:30 a.m.	U.S. Sports Acrobatic Federation (1st session) — Tennessee "A"	G. Sondby
11:00-12:00 p.m.	FIG Rules Interpretation, Question and Answer Session — Tennessee "A"	J. Fie
1:00-3:00 p.m.	USGF Women's Committee General Assembly with Reports by National Officers; Regional Meetings Follow — Mississippi "A" & "B"	L. Chominski
2:00-3:00 p.m.	National Association of Collegiate Gymnastics Coaches/Women (4th session) — Ridgeway "A"	B. Peavy
3:30-5:30 p.m.	Cooling and Judging Program/Women—All Events — Mississippi "A" & "B"	J. Fie
7:00-8:00 p.m.	Reception and Cocktails — Ridgeway "A" & "B"	The Nissan Corporation & AMF/American Athletic Equipment Co.
8:00-10:30 p.m.	USGF Annual Banquet and Award Presentations — Ridgeway "A" & "B"	F. Burt & USGF Staff

## SUNDAY—OCTOBER 9

8:00-10:00 a.m.	National Association of Collegiate Gymnastics Coaches/Women (closing session) — Arkansas "A", "B" & "C"	B. Peavy
9:00-11:00 a.m.	Elite Compulsory Exercises — Mississippi "A"	J. Fie
9:00-10:30 a.m.	Dance for Gymnastics — Tennessee "A"	Stefter Records
9:00 a.m. to Close	USA Independent Gymnastics Clubs (2nd session) — Strefor	E. Knepper
9:30 a.m. to Close	U.S. Sports Acrobatic Federation (2nd session) — Mississippi "B"	G. Sondby
12:00 Noon	ADJOURNMENT	



NOTE: Some meetings on Friday morning, October 7, are open to Committee members only, unless otherwise noted on the meeting schedules. The General Assembly formally opens the '77 Congress. Evening sessions may end when moderator so determines.

# OCTOBER 7, 8, 9, 1977

Gymnastics Federation

# NATIONAL SEMINAR

The National Gymnastic Seminar will be held in the beautiful and prestigious Phoenix Civic Plaza in downtown Phoenix, November 18, 19 and 20, 1977.

A function of USGF, the Seminar will offer sessions of interest to all levels of gymnastics coaches. There will be teaching instruction in vaulting, dance, tumbling, balance beam, uneven parallel bars, parallel bars, high bar and rings. Also included will be lectures on psychology of coaching and the care and prevention of injuries.

During the Seminar, the Regional Technical Director and State Judging Officials will conduct classes in judging for Classes III, Class II, Class I compulsory and optional competition. On Sunday, November 20th, the official USGF certification test in each level will be administered. Conducting these sessions will be elite nationally ranked JoAnn Pasquale, Norma Hammer and nationally ranked Lynn Wilgig.

Arizona State University's Men's Gymnastic Team (Western Athletic Conference Champions 1974, '75, '76, '77) and their Coach, Don Robinson, will be among the many teachers and demonstrators.

Exhibitors of all types of gymnastics equipment and apparel will be showing their products in the 40,000 square foot exhibit hall in conjunction with the Seminar.

Across the street from the Civic Plaza is the Hyatt Regency Hotel, your headquarters hotel. The Hyatt has offered special rates of \$26 single and \$32 double. Hotel reservations must be made no later than October 27th. The Hyatt offers the best of everything you'd expect from Phoenix! The "Compass," high atop the hotel, is a huge revolving restaurant and lounge which offers a panoramic view of the Valley of the Sun.

Activities begin on Thursday evening with a social hour and Seminar check-in from 7 to 9 p.m. at the Hyatt. You will receive your registration material and credentials at this time. Teaching sessions will begin Friday at 8:00 a.m. and continue to 5:00 p.m. Saturday sessions are scheduled from 8:00 a.m. to 5:00 p.m. and Sunday from 8:00 a.m. until noon when the Seminar concludes. Late registration will be completed in the lobby of the Civic Plaza Friday morning.

On Friday, November 18th, there will be an optional "Old West" dinner held at Rawhide, Arizona. Buses will deliver everyone from the Hyatt Regency Hotel to an authentic 1880 frontier town for dinner. Come along and spend three hours under the stars in another century! Rawhide offers a chance to wander through the stores of yesterday, dance to good western music and gamble (with "funny money") in the Copper Queen Saloon.

Running concurrently at Arcadia High School will be the Second Level Regional Qualifying Meet for Blues. Coaches will be able to attend the Seminar during the day and observe the competition in the evening.

Pick up new ideas, methods, and fresh enthusiasm to help you roll into your competitive season. See you in Phoenix for a busy, beneficial weekend!



## Sofia Representatives

**1977 WOMEN**—Representing the United States at the WORLD UNIVERSITY GAMES August 18 to 22 in Sofia, Bulgaria, was the 1977 Gymnastics Team headed by Kollene Casey, Southwestern Missouri State; Ann Carr, Penn State; Jo Brock, Clemson State, Pa.; and Patti Horch, California State at Fullerton. Gold for Third Place, and (5) Corin Hagler, Clemson State. Accompanying the women gymnasts were Coach/Trainer, Myron of Clemson State, and Carl Davis, of Providence, Rhode Island, under **THE MEN**—**THE WORLD UNIVERSITY MEN'S TEAM** (1977) (over) included, left to right, Gene Whelan, Earl Connor, Mike Carter, Karl Thomas, and Ron Gutierrez, with Karl Schwaninger, Coach, and Ben Allen, Assistant Coach.

### SEMINAR REGISTRATION FORM

Name \_\_\_\_\_

Phone \_\_\_\_\_

School or Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Registration fee \$25 each \$ \_\_\_\_\_

Registration After Oct. 27, \$35 \_\_\_\_\_

Optional Dinner at Rawhide \$12 each \$ \_\_\_\_\_

Optional Extra Ticket to Elite Meet \$3 \$ \_\_\_\_\_

Circle areas of main interest:

Judging (Girls)—Optional, I, II, or III Compulsory

Teaching—Boys or Girls

Level—Beginning, Intermediate or Advanced

Signed \_\_\_\_\_

Make Checks payable to Rhythmic Companies, Inc., mail to:

Rhythmic Companies, Inc.

1801 South Jon Way, D-8

Tempe, AZ 85283

Names of Additional Registrants

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Jr. Olympics - Boys

(Continued from Page 2)

The afternoon competition for 13 to 18 year olds presented a very high caliber of competition, in difficulty and quality. The difficulty level of the top finishers' routines could have been well representative of our Senior level. Many routines even had originality but not with good control. Obviously their overall execution needs to be improved but nevertheless, there were many encouraging signs.

Last year's National in Texas was impressive but there has been much improvement in one year in the quality and the quantity of the work. There were more than a half-dozen double backs and excellent double fulls done in Floor Exercise, also back-work on Parallel Bars by the top performers. Ring swings were a little weak but there were some nice straight arm shoots, close to straight arm back-uprise handstands, whippets, and many strong dismounts. Vaulting was another strong event with handspring fronts, Taskahorns piled, and handspring fulls with a nice flight. The weaknesses shown in the supporting events by the younger group was not evident in this group. On the Parallel Bars there were some nice Diamonds, str. handstands, back toss handstand and good dismounts such as the double back, back with a full, and front with a 1/2 twist. The horizontal bar work was free in the swing but the overall difficulty level has risen tremendously resulting in some lack of control.

Jim Hartung successfully defended his title with a grand tremendous total of 110.35 with Phil Carvey 2nd at

---

**"... the gymnasts who have the best technical execution in the compulsories, apply that technique in their optionals."**

---

108.80 (and only 1511). Frank Thompson from Tucson was 3rd with 102.75 points. The average score of the top 10 was, 100.8 points, 7 full points better than last year. (Phenomenal!!!)

Out of the 10 top gymnasts in the 13-14, only one failed to stay in the top ten as he had been after the compulsories and only two failed in the older group. This seems to indicate that the gymnasts who have the best technical execution in the compulsories, apply that technique in their optionals.

(Continued on Page 22)

## modern Lines

SPECIALTY ITEMS FOR THE GYMNAST

P.O. BOX 953 CLARK, NEW JERSEY  
(201) 341-9444



A DIVISION OF MODERN LINES INC.  
VISIT OUR CHALK UP SHOPS LOCATED AT

Chalk Up Shop  
932 South Arthur Ave.  
Asington Heights, Illinois 60006

Chalk Up Shop/Modern Lines, Inc.  
11 Warfield Ave.  
Clark, New Jersey 07066

Chalk Up Shop (Branch Office only)  
P.O. Box 435  
Twin Lakes, Wisconsin 53181

Write for free brochure to:  
Modern Lines, P.O. Box 953, Clark, N.J. 07066

• Back Support/Wrist •



VISIT THE Chalk Up Shop — 211 ELMER ST. WESTFIELD, N.J. 07090

FOR GYMNASTIC SPECIALTIES

## SCORE TODAY WITH...



Peds the original maker of foot socks, offer "GYM GIRL", lightweight sock, made for snug comfort and sure-footed performance, (50% cotton - 50% stretchylon). Ask for GYM GIRL Peds at your nearest athletic equipment store or use our convenient order form below.

### SCORE 3 WAYS!

1. A sure-footed performance.
2. A special 40% discount for club or school orders.
3. ...and for every package of GYM GIRL Peds sold, "Peds" will make a contribution to the USGF to help gymnasts compete in international competition. Suggested retail price 75¢ pair

**Peds Products Inc., P.O. BOX 407 RIVERSIDE, CALIF. 92507**

Please send the following: \_\_\_\_\_ pairs size A (For 8-8 1/2)  
\_\_\_\_\_ pairs size B (For 10-11 1/2) Minimum order 10  
pairs — \$5.00 (Calif. residents add 5% sales tax)  
Amount enclosed \$ \_\_\_\_\_ (No COD's please)

CLUB OR SCHOOL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

## Brazil Tour -

(Continued from Page 18)

If the field of athletes was dominated by sponsors from the East-European countries so were the officials. Despite this definite disadvantage both Sharon and Denise were lined up in the order of performance second to last by the time we got to Brasilia the culminating to-point of the tour. This accomplishment seems to give credit to the steadiness of their good performance.

An anti-light of the exhibition in Brasilia Mr. HANGERTER presented a special award to SAWAO KATO. The award was for the most successful male gymnast of recent years. The female recipient was LUDMILLA TURISHCHEVA who received her award on occasion of the Moscow News International. Mr. KATO who had injured himself in Rio Paulo doing his double back somersault when opening act too soon had recovered enough to give a performance on the Parallel Bars but finished only with a full twisting somersault instead of his double back.

A reception with the highest officials of the "Confederacao Brasileira de Desportos" concluded the 1st Festival Internacional de Ginasio Olimpin.

It was successful for Brazil's development of better gymnastics beyond any doubt. It was successful as an international bond to friendship between people of different philosophies. We learned much from each other; the absence of competition allowed us to get to know each other more easily. One did not feel the need to postural and time broke down the barriers. All seemed to enjoy the success of the others and cheered or felt sorry for their misfortune.

We parted leaving behind many Brazilian friends and hoping to meet again with many of the gymnasts and coaches from all over the world. But whether it is going to be us or others we have once again experienced how our common tool—GYMNASTICS—bridges worlds and we wish that many more young American kids can get to know this kind of experience. ■

## Camp Report . . .

(Continued from Page 7)

July 17-No lecture

July 18-Proposed skill requirement for the Junior Elite program—Watanabe

July 19-Learning: Whole and parts methods—Watanabe

July 20-Discussion for the proposed Junior Elite program, training schedule—Watanabe

July 21-Skill analysis: Dislocate (HR), Back Stomp (FR), Front Uprise (R), Vault Catch (HR)—Watanabe

July 22-Evaluation — entire staff (Concluded next issue)

# Keep up with the leaders

SPIETH  
ANDERSON  
LIMITED

## QUALITY SPEAKS FOR ITSELF



#121 UNEVEN BAR



#124 VAULTING HORSE



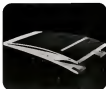
#126 HORIZONTAL BAR



#124 PARALLEL BAR

### Original Reuther

Balance Beams and Horses recommended  
by upholstery experts



#123 MUNICH BOARD



#128 VINYL PADDED LOW BEAM



#141 CHALK STAND



#111 VINYL PADDED BEAM



**Spieth - Anderson**



BOX 40, ORELLIA, ONTARIO, CANADA L3V 8H8 TELEPHONE (705) 328-2274 TELEX 04-075617

WAREHOUSES IN U.S.A. AND CANADA



**gymnastic aides**  
NORTHBRIDGE, MASS. 01861

## OLYMPIC FILMS

### 1976 MONTREAL OLYMPICS

Ind. Finals	Women	350 ft.	45.00
Ind. Finals	Men	350 ft.	45.00

Selected routines from women's Team—All Around Finals  
400 ft. 45.00

The individual finals films are complete with score board identification of all contestants.

Also available

### 1972 MUNICH OLYMPICS

Ind. Finals	Women	400 ft.	45.00
Ind. Finals	Men	400 ft.	45.00

Modern Rhythmics by U.S.S.R. at Madison Square Garden,  
N.Y.—1975 200 ft. 25.00

All films are super 8-color

Add Postage and Handling

\$ .75 for orders under \$10.00

\$1.25 for orders over \$10.00

U.S.A. orders only

Germans—write for postage information

Total \$ \_\_\_\_\_

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

School \_\_\_\_\_ Zip \_\_\_\_\_

## Girls' Jr. Olympics . .

(Continued from Page 8)

Marge Foster easily outpointed the field in the Sr.'s, with a 9.70 comp. and 9.5 opt. Dianne Ellingson was second and Jan Colvin was third.

### BEAM

Kari Lewis on the strength of her 9.4 comp. was able to hold on to first with Tereza LaRock finishing second, Beth Carey third.

Most of the competitors had some trouble on beam which kept the scores down; however, the skill level was high and over all execution good.

Dianne Ellingson looked great and won Sr. beam with a 9.15 comp. and 9.0 opt. Jan Colvin was second and Marge Foster third.

### BAR

Rosene Barrios performed two great bar sets; 9.50 comp., 9.55 opt., and easily outpointed the other juniors. Kari Lewis was second and Pam Lee third.

Dianne Ellingson took first even with a break on her ops. She turned in a 9.4 comp. and opt. Jan Colvin was 2nd and Marge Foster 3rd.

### ALL-AROUND

Juniors		Seniors	
Kari Lewis	73.85	Dianne Ellingson	74.00
Rosene Barrios	72.90	Marge Foster	73.20
Beth Carey	72.60	Jan Colvin	71.95
Pam Lee	72.15	Linda Phillips	68.35
Tereza LaRock	71.65		
Shen Bechtold	71.50		

As part of the Rose Festival activities, the top three competitors regardless of age group were presented with the Rose Cup awards. Gymnasts and coaches were able to take advantage of many of the Festival activities, which included visiting the water front carnival and tours on U.S. Naval ships, all of which added to their enjoyment of Portland and the Pacific N.W.

The Portland Gymnastic Center Boosters Club did an outstanding job in providing all the amenities of a properly conducted national championship. The gymnasts were presented with roses each evening and a packet full of mementoes and souvenirs. In addition the coaches, gymnasts and judges were treated to a reception after the Saturday night competition.

In my opinion, it was great to see top Class I gymnasts in close competition without having them go through the rigors of preliminary competition. The gymnasts were fresh and excited for both nights competition and their performances reflected this. ☐

## IMPORTANT CHANGES!!!

New Publication

MEASUREMENTS, DIMENSIONS AND FORMS:  
1977 SUPPLEMENT FOR APPARATUS.....\$1.00

Competition for Men and Women in Artistic  
Gymnastics as well as Modern Rhythmic Gymnastics.

Send \$1.00 to U.S.G.F. Office for your copy.

# GYM-KIN<sup>®</sup>

**Gymnastic Apparel  
And Equipment**



*The Maximum in Quality Performance  
and Design are our Maximum Standards*

**100% NYLON BRIEFS • LEOTARDS  
ACCESSORIES • EQUIPMENT**

**WE'RE PROUD TO SAY MADE IN U.S.A.**

748-COMMERCE STREET  
BIRMINGHAM SPRING, PA. 19608 215-376-6522



**YOU ARE INVITED...**

to visit the  
**GYM-KIN Hospitality Suite**  
during the USGF Congress  
October 7-8-9, Memphis, Tenn.

# FILMS Super 8 - in color

## 1977 U.S.G.F. NATIONAL CHAMPIONSHIPS

America's top women gymnasts are featured in this film. Includes all four Olympic events. A complete optional routines on each event.

all Women's 250 ft. \$25.00 Post

## 1976 MONTREAL OLYMPIC GAMES

Observe the most exciting Olympic ever held with perfect 10.00 scores awarded by Nadia Comaneci and Nellie Kim. See Anderson winning medals in the men's events.

24 Men's Events 1000 ft. \$45.00 Post  
20 Women's 400 ft. \$40.00 Post

### FRANK ENDO

12200 S. Beverly in Los Angeles, CA 90044  
782 2282

# Boys Competition — Jr. Olympics

(Continued from Page 28)

At the end of the competition beautiful etched plaques were awarded to the 1st, 2nd, and 3rd place winners in each event, each age-group. The top 10 in the all-around in each age-group were awarded special USGF Plaques and were invited to the USGF Jr. Olympic Development Camp for 2 weeks. Mr. Frank Bars, Executive Director of the USGF, Frank Cusack, Max Weinrobe, Paul Ziem and Coach Freudenstein presented the awards. Mr. Bart Connor, winner of the 1st USGF Jr. Olympic Championships, 13-18, in 1974, and member of the 1976 Olympic Team presented some awards and also served as a coordinator for the camp. Frank Cusack also scored an award for his contribution to the USGF Jr. Olympic Program. The program has come a long way since its beginning with a phenomenal growth toward a bright future.

### 13-14 AGE GROUP

(Includes under 120)

**ALL AROUND FINAL RESULTS:** 1. Jim Milnes, Reading, Pa., 103.5; 2. Chris Regel, Reading, Pa., 100.0; 3. Jim Jaska, Miami, Fl., 99.4; 4. Jay Ray, Morris Cove, N.J., 98.5; 5. Bruce Bopp, El Segundo, N.J., 94.25; 6. Roddy Campbell, Upper Merioneth, N.J., 93.75; 7. Mark

Bowers, Omaha, Neb., 92.00; 8. Dale Nelson, Houston, Tex., 92.00; 9. Dan Chirki, Reading, Pa., 90.99; 10. Matt Aron, Albuquerque, N.M., 90.25.

### INDIVIDUAL EVENTS FINAL RESULTS

**Floor Exercise:** 1. Selby, 11.50; 2. Regel, 11.3; 3. Milne, 11.1; **Pommel Horse:** 1. Milne, 12.85; 2. Bowers, 12.25; 3. Ray, 14.75; **Still Rings:** 1. Jaska, 17.00; 2. Milne, 17.25; 3. Decker, 16.9; **Vaulting:** 1. Randy Whitman, Rochester, N.Y., 17.0; 2. Regel, 17.45; 3. Milne, 17.4; **Parallel Bars:** 1. Milne, 17.25; 2. Regel, 17.0; 3. Ray, 16.15; **Horizontal Bar:** 1. Milne, 17.0; 2. Regel, 17.00; 3. Bowers, 16.45.

### 15-18 AGE GROUP

**ALL AROUND FINAL RESULTS:** 1. Jim Harting, Omaha, Neb., 110.35; 2. Phil Caloy, Omaha, Neb., 108.5; 3. Frank Thompson, Tucson, Ariz., 100.75; 4. Tom Price, Elkhart, Ind., 99.5; 5. Peter Stott, Miami, Fl., 101.55; 6. Jeff Brown, Reading, Pa., 100.25; 7. Chuck America, Omaha, Neb., 99.50; 8. Bruce Babcock, Garden City, Kan., 98.0; 9. Martin Gilks, Endersby, N.C., 97.75; 10. Danny Price, Hickory, N.C., 97.00.

### INDIVIDUAL EVENTS FINAL RESULTS

**Floor Exercise:** 1. Harting, 11.65; 2. Gibb, 11.3; 3. Scott, 11.1; **Pommel Horse:** 1. Harting, 12.75; 2. Caloy, 14.5; 3. Mark Johnson, Cedar Rapids, Ia., 17.0; **Still Rings:** 1. Harting, 18.5; 2. Thompson, 18.3; 3. Caloy, 17.0; **Vaulting:** 1. Perry Price, Reading, Pa., 18.15; 2. Scott, 17.0; 3. Thompson, 16.5; 4. Harting, 16.25; **Parallel Bars:** 1. Caloy, 18.7; 2. Harting, 18.35; 3. Chirki, 17.00; 4. Scott, 17.15; **Horizontal Bar:** 1. Caloy, 18.5; 2. Harting, 18.15; 3. Scott, 17.5.

# ★ NEW GYMNASTIC RELEASES from "KIMBO"

**COMPULSORY & OPTIONAL  
FLOOR EXERCISE MUSIC for  
COMPETITION 1975-1979**



## Compulsory and Optional Floor Exercise Music 1975-1979

Arranged by David Bates Gymnastic Federation

**Focus 1 — Dennis Axel**  
Objective: To provide official compulsory music for USGF 1975-79 National Compulsory Routines.

**Focus Side 1** includes compulsory music chosen by the USGF. Side 2 has 16 bands of optional music including classical pieces, show tunes and contemporary piano selections. Manual includes Class I, II, III routines for balance beam, floor exercise, uneven bars, vaulting and music for compulsory routines.

LP & Manual \$25.00  
Manual Only \$4.00  
KIM 4025-C



## Swing With Gymnastics

By Norman E. Cohen

Objective: To provide the beginner-level student gymnast with instructions and varied musical selections for competition.

**Focus: Side A** contains a wide range of melodies appealing to gymnasts of any age, as well as a 2-minute workout. Side B includes several methods of teaching rhythmic movement, original composition, focus, and dynamics to be used by physical education and special education instructors, in addition to gymnastic coaches.

LP & Manual \$25.00  
Manual Only \$4.00  
KIM 4027-C



## "How To" Design Floor Exercises

By Doris W. Matthews

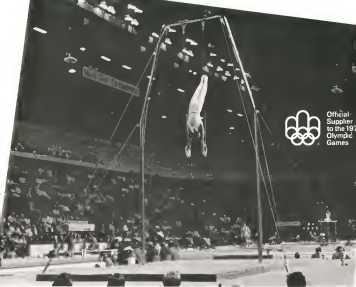
Objective: To gain a personal understanding and acquisition of those skills which enable gymnasts to construct a floor exercise routine compatible with actual tempo, body line, immediate and anticipated skills.

**Focus:** With the aid of musical selections and instructions, students learn how to look for creative moves, build movement sequences, perform a routine, select appropriate music and more.

LP & Manual \$25.00  
Manual Only \$4.00  
KIM 4025-C

For additional floor exercise and gymnastic albums and manuals write today for your free 1975-77 catalog

★ **KIMBO EDUCATIONAL** 85 So. 5th Ave., Box 477, Long Branch, N.J. 07740



## You can buy the same quality Gymnastic Equipment we furnished for the 1976 Olympics in Montreal

Nissen has only one quality. The equipment used at the 1976 Olympics is exactly the same as we furnish to thousands of schools and colleges in the United States each year. It's also the same equipment used for NCAA, USGF, AAU and Junior College championships and countless high school gymnastic meets. For official competition or physical education programs, wherever high performance and reliability are required, you'll find Nissen.

Write for our colorful new catalog.

YES, I want to receive your latest gymnastics equipment catalog.

Name  For

School or Organization

Address

City  State  Zip



**NISSEN**

THE RELIABLE ONES  
Box 1270, Cedar Rapids, Iowa 52406  
Phone 319/365-7561



# Art Stone GYMNASTICS

Leotards,  
slippers, accessories  
and equipment for the Gymnast

Art Stone Gymnastics Supply  
Atlanta, Georgia • Minneapolis, Minn.  
Smithtown, New York • St. Louis, Mo.

Teachers, directors and coaches write on your  
letterhead for our complete catalog. Art Stone  
Gymnastics, 1755 Express Drive North, Smithtown,  
New York 11787 or call 516-582-9500

## USGF WTC

1978 ELITE COMPULSORY — UNEVEN BARS  
Specific Deductions for 1977-78

Part #4:	Cast (175° amplitude possible)	
Part #5:	Monosway clear straddle support over high bar, immediately inverted straddle pike swing backward, underwing shoot, 180° turn (175° amplitude possible) beat swing on low bar	
Part #7-8:	Cast (175° amplitude possible) and immediately straddle support on high bar, ½ sole circle underwing, stretched body, free pike, and stretch again into 180° turn to a front stand.	
Part #4:	1. Cast horizontal or below	Art 0-2
	2. Cast 45° above horizontal	0-2
	3. Cast just below 175°-180°	0-1
	4. Stopping in handstand	0-2
Part #5:	1. Shoot below level of HB	0-3
	2. Shoot horizontal with HB	0-1-0-2
	3. Shoot 45° or higher above HB	No Deduction
	4. Excessive arch before beat swing on L.B.	0-1-0-2
	5. Lack of body control on up-swing (excessive arch)	Up to 0-2
	6. Insufficient amplitude of up-swing, below horizontal line with HB	Up to 0-2
Part #7-8:	1. Lack of stretch on leaving HB	0-1
	2. Stretch below level of HB	0-2
	3. Insufficient pike (90° minimum)	Up to 0-2
	4. Extension into turn insufficient	Up to 0-2
	5. Turn too late	Up to 0-2
	6. Unstable landing	Up to 0-2

Deductions for other parts are according to the FIG. Code of Points General Faults and Specific Faults.

## '77 USA Romania Tour

Preliminary  
Schedule

October 7	EVENING PERFORMANCE Coke Fieldhouse, University of Maryland
October 9	PERFORMANCE Madison Square Garden New York City 2 p.m.
October 11	U.S.A. vs ROMANIA WOMEN'S COMPETITION New Orleans, La.
October 16	PERFORMANCE Chicago 1 p.m.
October 19	PERFORMANCE Hartford, Conn.

Romanian National Women's Team, with USA Men and Women Gymnasts . . . Top 7 Women Gymnasts, Champions of the USA, will compete at New Orleans.



## WHO'S GOING WHERE?

### JAPAN JR. INVITATIONAL, TOKYO, Aug. 27 - Sept. 7

Karl Linwis	Photo by, Ariz
Stephanie Willem	MG Gymnastics, Bethesda, Md
Margie Weiss (C)	MG Gymnastics

### FINAL TRIALS, U.R.G., SACRAMENTO, Sept. 17

### ROMANIAN TOUR IN U.S.A., Oct. 5 - 20

### BARCELONA INVITATIONAL, Oct. 6 - 12

Kurt Thomas	Indiana State
Roger Council (C)	Indiana State
Leslie Russo	Groesfeld School of Gymnastics
	Milford, Conn.
Don Peters	Groesfeld School of Gymnastics
	Milford, Conn.
Two judges	To be selected

### WORLD CHAMPIONSHIPS, M.R.G., BASEL, SWITZERLAND, Oct. 13 - 18

### WORLD CUP, OVIEDA, SPAIN, Oct. 28 - Oct. 30

Donna Turnbull	Kips, Santa Fe Springs, Ca.
Kathy Johnson	Olympic Training Center, Belcher, LA
Lisa Cavittom	Arlington, Texas, Gymnastical Club
Vannie Edwards (C)	Belcher, LA
Kurt Thomas	Indiana State
Barl Conner	University of Oklahoma
Deleone Davis	Cincinnati, Ohio
Jerry Todd	Pasadena Jr. College, Ca.

### GYMNASTICS CANADA '77, Oct. 30 - Nov. 6

One Male gymnast	
Shari Smith	Kips, Santa Fe Springs, Ca.
Jim Fontaine	Kips, Santa Fe Springs, Ca.

### GSSR INVITATIONAL TOUR, U.S.A., Nov. 3 - 18

Men's and Women's Competition ..... dates, locations  
not yet decided.

### CHUNICHI CUP, JAPAN, Nov. 18 - 22

Kurt Thomas	Indiana State
Donna Turnbull	Kips, Santa Fe Springs, Ca.
Roger Council (C)	Indiana State
Jim Fontaine (C)	Kips, Santa Fe Springs, Ca.

### WEST GERMANY—HUNGARY—FRANCE—USA, MUNSTER, WEST GERMANY, Nov. 25-29

Seven Male gymnasts	
One coach	To be selected soon
One manager	
Three judges	

### BRITISH INVITATIONAL, LONDON, Dec. 3 - 9

Three Male gymnasts	
Three Female gymnasts	
One Male coach	To be selected
One Female coach	
One Delegation Leader	

# ZWICKEL

A Distinctive Line  
of Men's and  
Women's Uniforms



Why Settle for less?

FREE CATALOG

## ZWICKEL

Gymnastic  
Tailors

P.O. Box 309  
Jenkintown, Pa. 19046



# USGF MATERIALS LIST



1. **Code of Points for Men**—Official FIG Code for men, includes A-E-C parts with illustrations and all rules. A MUST for all judges, coaches and gymnasts. 1975 \$15.00

2. **USGF Men's Rules for Competitions**—New Book for Men's competition rules, USGF Jr. Olympic Age group Compulsory exercises, 1975-77 \$5.00

3. **Code of Points for Women**—Official FIG, includes figures for difficulty ratings \$10.00

4. **Supplement to Women's Code**—USGF Supplement to FIG Difficulties Classification \$1.00

5. **Age Group Gymnastics Workbook**—USGF Age Group Workbook, complete with routines (compulsory) for boys and girls, ages 6 to 16, stick figures and built-in grading system for classroom work \$3.00

6. **National Compulsory Routines**—Official USGF-DOWS routines for girls, three levels of routines now being used for nationwide school, college, university and post graduate competitions. 1975-76 Edition \$4.00

7. **Supplement to Rules and Policies Book**—\$2.00

8. **History of the Development of the USGF**—Complete documented study, begins in early 30's, reviews amateur trends of years gone by, leads to founding of USGF \$5.00

9. **Measurements and Dimensions**—1974 edition official FIG booklet on all diagrams and measurements for men's and women's equipment. \$3.25

10. **FIG Bulletin**—Official publication of the FIG, sent directly from Switzerland, four (4) issues per year, valuable to all in gymnastics \$15.00

11. **Modern Gymnastics**—Class 1, 11, 111, by Michael Probst \$4.00

12. **USGF Gymnastics News**—Official word from the USGF National Office, listings of new books and services, technical changes and what's newsworthy on a national scale. Published every other month \$5.00

13. **Gymnastics Checks**—Beautiful checks in light blue with male and female gymnasts shown on them. Mail sample of existing checks and all necessary info. Allow 3 months for delivery \$5.00-250, \$15.00-500, \$15.00-500, etc.

14. **USGF Crest**—Embroidered cloth, suitable for use on blazers or uniforms \$2.00

15. **USGF Patch**—Embroidered, suitable for use on sweat-suits, blazers, or uniforms \$1.00

16. **USGF Decals**—Gold background, showing flag and USGF emblem \$0.25

17. **USGF Pin**—showing flag and USGF emblem \$1.00

## ALL ORDERS MUST BE PREPAID

18. **Men's Judging Guide and Course**—1977 EDITION—Published in lesson plans to enable the instructor to guide his students step by step toward becoming a judge \$6.00

19. **USGF Luggage Tags**—Red, white and blue a must for all travelers \$3.00 for 2

20. **USGF Book Buckle**—\$5.00

21. **USGF Pen**—Attractive white desk pen with holder, by Schaeffler, embroidered with USGF Symbol \$3.00

22. **Guidance for the Instruction of International Judges of Women's Artistic Gymnastics**—NEW PUBLICATION—This booklet is designed to aid in the thorough and systematic training of judges \$5.00

23. **Official World & Olympic Compulsory Exercises for Women**—The Official drawings, text and music of the compulsory exercises for the World Championships in 1976 and the Olympic Games of 1980 \$1.00

24. **Official World & Olympic Compulsory Exercises for Men**—The Official drawings, text, and deductions for the men's compulsory exercises for the World Championships in 1976 and the Olympic Games in 1980 \$1.00

## "Official" USGF Gym Bag

Carried by USGF teams on their trips abroad.



USGF designed and produced "USGF" on front and back panels for full visibility as teams march in and out of events, plus USGF emblem on one side with the other blank for adding your school or club name. Red and blue with white letters. Nylon web shoulder strap fully adjustable. Separate compartments each side. 18" long, 12" high, 7 wide.

1 - 18 Official Gym Bags \$15.00 each  
11 - 24 \$12.00 each, 25 or more \$10.00 each

## USGF Posters

Five Full Color posters—for framing or promoting events



- A. NADIA COMANECI in action as seen 18" x 22" with words GYMNASTICS, EVENT, DATE on bottom so you can use as promotion poster or cut off for framing
- B. NADIA cover photo from Newsweek (left) 18" x 22" (printed as above)
- C. NADIA extra large 22" x 33" cover from Newsweek. No printing
- D. OLGA KORBUZ reproduction of oil painting used as cover for 1975 USA Tour 18" x 22" (printed as in A)

## General Posters

Posters A, B, C \$ 75 each D - \$ 85 each, E - \$ 95 25 - 49 \$ 60 50 - 99 \$ 50, 100 or more \$ 25 each  
Posters G, H \$ 35 each, I - \$ 45 each 10 or more \$1.00 each

Get Posters: 1. 75 each, 2 for \$2.00, 10 for \$5.00, 25 for \$10.00, 50 for \$15.00, 100 for \$25.00

ORDER NOW FOR THE SEASON AHEAD

Send check or money order to: USGF, Box 12713, Tucson, Az. 85732  
Books will be mailed at bookrate unless payment enclosed for 1st Class Postage

# More Posters

## GYMNASTICS

## GYMNASTICS



PETER KORNARIN  
Performing "The Great Leap"

Event  
Date



20

Event  
Date

**PETER KORNARIN** in action on floor. Actual size 12" x 18" with words **GYMNASTICS, EVENT, DATE** on bottom so you can use as promotion poster or cut off for mailing.

The USGF is pleased to present its new poster—22" x 31" — a **NINE** poster poster of **NELLIE RIM, OLGA KORSHUT, & LUDMILA TOURISCHEVA**, Magnificent.

Russian Poster: \$2.00 each, 5-9 \$1.50 each, 10 or more, \$1.00 each

Boy Posters: \$1.00 each, 5 for \$1.00, 10 for \$2.00, 25 for \$5.00, 50 for \$10.00, 100 for \$15.00



KURT THOMAS  
Event  
Date

**KURT THOMAS** in action on parallel bars. Actual size 12" x 18" with words **GYMNASTICS, EVENT, DATE** on bottom so you can use as promotion poster or cut off for mailing.

**NEW 7-PAGE BROCHURE** now available at USGF Headquarters. Describes promotional items, Books & Magazines, Posters, Posters & More Posters, and Materials List. For your **FREE** copy, write USGF, Box 12713, Tucson, Arizona, 85732.

# USGF

ALL ORDERS MUST BE PREPAID  
MAKE CHECKS PAYABLE TO USGF

EXECUTIVE OFFICES: P. O. 12713, Tucson, Arizona 85732



1977  
UNITED STATES GYMNASTIC FEDERATION  
**CONGRESS**  
OCTOBER 7-8-9

The USGF is pleased to announce the scheduling of the 1977 USGF CONGRESS for October 7-8-9th at The Hyatt Regency Hotel, in Memphis, Tennessee. We have received excellent rates and we are preparing the hotel reservation cards now. The Congress is earlier this year and now is the time to make your travel plans for Memphis.

Opening session is scheduled for 1:00 pm, on Friday, October 7th. Several committee meetings will take place on the Thursday evening before, and early Friday morning; however, the first formal session of the USGF Congress (General Assembly) will take place Friday at 1:00 pm as indicated above. Formally, the Congress will then adjourn at 12:00 noon on Sunday the 9th.

This year's Congress will provide a new series of round-table discussion groups with coaches involved with our national programs at both the Junior and Elite level. A trend towards instructional sessions will be the feature of the '77 meeting. Also featured will be reports on the events of last season and the schedule of events for 1978, including the 1978 World Championships, the trials prior to that event, and selection methods to be used.

To make your reservation, and to receive the special convention rate, send your USGF CONGRESS REGISTRATION FEE of \$25.00 to the U.S.G.F., P.O. Box 12713, Tucson, Arizona, 85712, and we will send you an acknowledgement and a hotel reservation card which you can complete and send directly to the hotel. The USGF registration fee includes the annual banquet, coffee on Saturday morning and, in keeping with the wishes expressed by many in attendance last year, the social event we have planned following the banquet.

SEND YOUR NAME, ADDRESS, CITY/STATE/ZIP and a check for \$25.00 to:  
U.S.G.F. CONGRESS  
P.O. Box 12713  
Tucson, Arizona 85712

HYATT REGENCY HOTEL  
MEMPHIS, TENNESSEE

**Memphis**